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**Short chain fatty acids increase TNF $\alpha$ -induced inflammation in primary human lung mesenchymal cells through the activation of p38 MAP kinase.**

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*Short chain fatty acids increase TNF $\alpha$ -induced inflammation*

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**Abstract**

Short chain fatty acids (SCFAs), produced as by-products of dietary fibre metabolism by gut bacteria, have anti-inflammatory properties and could potentially be used for the treatment of inflammatory diseases, including asthma. The direct effects of SCFAs on inflammatory responses in primary human lung mesenchymal cells have not been assessed. We investigated whether SCFAs can protect against TNF $\alpha$ -induced inflammation in primary human lung fibroblasts (HLFs) and airway smooth muscle (ASM) cells *in vitro*.

HLFs and ASM cells were exposed to SCFAs, acetate (C2:0), propionate (C3:0) and butyrate (C4:0) (0.01mM-25mM) with or without TNF $\alpha$ , and the release of pro-inflammatory cytokines, IL-6 and CXCL8, was measured using ELISA. We found that none of the SCFAs suppressed TNF $\alpha$ -induced cytokine release. On the contrary, challenge with supra-physiological concentrations (10mM-25mM), as might be used therapeutically, of propionate or butyrate in combination with TNF $\alpha$  resulted in substantially greater IL-6 and CXCL8 release from HLFs and ASM cells than challenge with TNF $\alpha$  alone, demonstrating synergistic effects. In ASM cells challenge with acetate also enhanced TNF $\alpha$ -induced IL-6, but not CXCL8 release.

Synergistic upregulation of IL-6 and CXCL8 was mediated through the activation of free fatty acid receptor (FFAR)3, but not FFAR2. The signalling pathways involved were further examined using specific inhibitors and immunoblotting, and responses were found to be mediated through p38 MAP kinase signalling. This study demonstrates that pro-inflammatory, rather than anti-inflammatory effects of SCFAs are evident in lung mesenchymal cells.

**Key words:** Short chain fatty acids; human lung mesenchymal cells; asthma; inflammation; free fatty acid receptor 3.

53 **Introduction**

54 Asthma affects nearly 300 million people worldwide and is characterised by chronic airway  
55 inflammation. Anti-inflammatory treatments such as corticosteroids are commonly used to treat the  
56 disease, however around 10% of patients with severe asthma are refractory to these medications. In  
57 addition severe side effects are often observed when steroids are used at high doses, therefore new  
58 well-tolerated anti-inflammatory therapeutics are needed (43).

59 There is increasing evidence implicating the gut microbiota as a critical contributor to host health  
60 and immune homeostasis in inflammatory diseases including type-2 diabetes, obesity, chronic  
61 obstructive pulmonary disease and asthma (4, 5, 48). The prevailing hypothesis is that gut bacteria  
62 produce short-chain fatty acids (SCFAs) that are directly anti-inflammatory, as by-products of dietary  
63 fibre metabolism. SCFAs are fatty acids with fewer than 6 carbon (C) atoms. Important sources of  
64 dietary fibre are fruit and vegetables and the most abundant metabolites produced are acetate  
65 (C2:0), propionate (C3:0) and butyrate (C4:0). In the large intestine, SCFAs occur at concentrations  
66 ranging from 30 to 150mM. They are absorbed into the portal circulation and reach the bloodstream  
67 (0.1-5mM), where they potentially elicit anti-inflammatory effects. SCFAs can also be detected in  
68 sputum (0.1-5mM), indicating that they reach the lungs and airways (11). Possible mechanisms by  
69 which SCFAs elicit their effects are through the inhibition of histone deacetylases (HDACs) and  
70 activation of G-protein coupled receptors (GPCRs) such as GPR43 and GPR41, also known as free  
71 fatty acid receptor (FFAR)2 and FFAR3, respectively, leading to consequent effects on gene  
72 transcription. FFARs are surface receptors found on cells of the gastrointestinal tract, as well as  
73 immune cells (e.g., neutrophils and monocytes) and adipocytes (52). We recently showed that lung  
74 mesenchymal cells also express these receptors (37). FFARs differ in their affinity for SCFAs. FFAR2  
75 has a similar affinity for acetate, propionate and butyrate, while FFAR3 has greater affinity for  
76 propionate than butyrate and low affinity for acetate (45).

77 The potential beneficial effects of SCFAs in asthma have not been extensively studied. However,  
78 recent mouse-model studies showed that dietary fibre and propionate protect against allergic

airway disease and maternal intake of dietary fibre has been associated with a reduced asthma phenotype in the offspring (42, 44). In addition, a recent human pilot study showed acute reductions in airway inflammation biomarkers, including sputum CXCL8, eNO and sputum inflammatory cell counts after consuming a high soluble fibre meal (13). However, more studies are needed to determine the potential beneficial effects of SCFAs in asthma. *In vitro* studies using colonic epithelial cells and different immune cells, including neutrophils and macrophages, show that SCFAs are anti-inflammatory, as shown by reduced chemotaxis and pro-inflammatory cytokine and reactive oxygen species release in response to inflammatory stimuli (6, 47, 52). However, the direct effects of SCFAs in human lung mesenchymal cells have not been investigated.

Tumour necrosis factor (TNF)- $\alpha$  is a multi-potent pro-inflammatory mediator, mainly produced by macrophages, and has been implicated in the pathology of asthma. Serum TNF $\alpha$  levels are increased in the airways of asthma patients and are positively correlated with the severity of the disease (19, 38). TNF $\alpha$  plays a critical role in the immunoregulation of asthma by contributing to bronchopulmonary inflammation and airway hyperresponsiveness. TNF $\alpha$  might also contribute to refractory asthma through the recruitment of neutrophils and the induction of glucocorticoid resistance (3).

We hypothesised that SCFAs could potentially be used for the treatment of asthma, specifically to reduce inflammatory responses in the lungs and airways via the activation of FFAR2 and/or 3. The aim of this study was to investigate the direct effects of SCFAs on inflammatory responses in primary human lung mesenchymal cells, *in vitro*. Since TNF $\alpha$ -induced cytokine release is steroid insensitive, we used this to challenge human lung fibroblasts (HLFs) and airway smooth muscle (ASM) cells and examined whether SCFAs could protect against TNF $\alpha$ -induced inflammation, by measuring the release of pro-inflammatory mediators.

## **Methods**

### **Cell culture**

HLFs were isolated from the parenchyma and ASM cells from the bronchial airways of lungs from patients undergoing lung transplantation or lung resection for thoracic malignancies, as previously described (15, 23). Ethical approval for all experiments was provided by The University of Sydney Human Ethics Committee and the Sydney South West Area Health Service, and written informed consent was obtained. *Table 1* shows the patient demographics. HLFs and ASM cells were seeded in 12-well or 6-well plates at a density of  $6.2 \times 10^4$  cells/mL in DMEM medium containing 5% fetal bovine serum (FBS) and 1% antibiotic-antimycotic (Gibco, Grand Island, New York, US) and grown to subconfluence (3 days). HLFs and ASM cells were quiesced for 24 hours prior to stimulation by incubation in DMEM (Gibco, Grand Island, New York, US) supplemented with 0.1% bovine serum albumin (BSA) (Sigma Aldrich, Castle Hill, NSW, Australia) and 1% Antibiotic-Antimycotic. We also used the human monocyte cell line THP-1 (ATCC, Manassas, VA). THP-1 cells were maintained in RPMI 1640 medium (Gibco), supplemented with 10% FBS, 1% antibiotic-antimycotic and 1% HEPES (Gibco). THP-1 cells were seeded at a density of  $1 \times 10^6$  cells/mL in 12-well plates and treatments were added. All experiments were carried out using HLFs and ASM cells between passage 2 and 5, and THP-1 cells between passage 3 and 6.

### **Treatment of cells with SCFAs and FFAR agonists**

Cells were unstimulated (control) or stimulated with propionate (0.5mM-25mM), butyrate (0.01mM-10mM), acetate (0.5mM-25mM) (Sigma Aldrich, Castle Hill, NSW, Australia), FFAR2 agonist 4-CMTB (10 $\mu$ M) (Sigma), FFAR3agonist AR420626 (10 $\mu$ M) (Sigma), FFAR3 antagonist  $\beta$ -hydroxybutyrate (BOH) (100mM) (Sigma) or vehicle (0.1% DMSO) for 24h or 96h, with or without TNF $\alpha$  (1ng/mL) (ThermoFisher, Scoresby, VIC, Australia) or LPS (1 $\mu$ g/mL) (Sigma) for another 12 or 24h. The total incubation time was 36, 48 or 120h. All cells were incubated at 37°C with 5% CO<sub>2</sub>.

**Inhibition of signaling pathways**

HLFs were treated with inhibitors of p38 mitogen-activated protein kinase (MAPK) (SB239063, 3 $\mu$ M) (Tocris, Ellisville, MO, USA), MAP kinase 1 (MEK1) (PD98059, 10 $\mu$ M), c-Jun N-terminal kinase (JNK) (SP600125, 10 $\mu$ M), (Calbiochem, San Diego, CA, USA), COX (indomethacin, 10 $\mu$ M) and NF- $\kappa$ B (BAY-117082, 1 $\mu$ M) (Sigma-Aldrich) for 1 hour before stimulation with propionate (25mM) with or without TNF $\alpha$  (1ng/mL).

**ELISA**

Levels of IL-6 and CXCL8 in supernatants were measured using commercial antibody kits according to the manufacturer's instructions (R&D Systems, Minnesota, USA). The detection limit of both assays was 15.6pg/ml.

**Quantitative PCR**

Total RNA was extracted using the ISOLATE II RNA Mini Kit and transcribed into cDNA using the SensiFAST™ cDNA Synthesis Kit (Bioline, Alexandria, Australia). qPCR was performed using the StepOne Plus detection system and data were analysed with StepOne software (Applied Biosystems, Melbourne, Australia). Assays were carried out in triplicate using a reaction mixture containing the Bioline SensiFAST Probe Hi-ROX Master Mix, primer for IL-6 or CXCL8 and for ubiquitously expressed ribosomal RNA (18S rRNA) as a housekeeping gene. Relative expression was normalised to 18S rRNA expression and quantification performed using the  $2^{-\Delta\Delta CT}$  method.



## **Western blotting**

To assess the activation of intracellular signalling molecules in HLFs following stimulation with propionate with or without TNF $\alpha$ , relative levels of phosphorylated p38 MAPK, JNK, ERK, Akt and NF- $\kappa$ B from cell lysates were assessed by western blotting. Cells cultured in the presence or absence of propionate (25mM) with or without TNF $\alpha$  (1ng/mL) for 30 min were lysed (20mM Tris, pH 7.4, 150mM NaCl, 1mM Na<sub>2</sub>EDTA, 1mM EGTA, 20mM NA<sub>4</sub>P<sub>2</sub>P<sub>7</sub>, 2mM Na<sub>3</sub>VO<sub>4</sub>, 1% Triton X- 100, 10% glycerol, 0.1% SDS, 0.5% sodium deoxycholate, 1% protease inhibitor cocktail set III (Millipore, USA) and 1mM phenylmethylsulfonyl fluoride (PMSF) (Amresco, Solon, OH, USA). Cell lysates were separated by SDS/polyacrylamide gel electrophoresis (SDS-PAGE) on 10% gels and transferred to polyvinylidene difluoride (PVDF) membranes using a Trans-Blot Turbo transfer system (Bio-Rad). The membranes were incubated with rabbit anti-phospho p38 MAPK (Thr180/Tyr182) (No. 9211) , rabbit anti-p38 MAPK (No. 9212), rabbit anti-phospho SAPK/JNK (Thr183/Tyr185) (No. 9251), rabbit anti-SAPK/JNK (No. 9252), rabbit anti-phospho ERK (Thr202/Tyr204) (No. 9101), rabbit anti-ERK (No. 9102), rabbit anti-phospho AKT (Thr308) (244F9) (No. 4056), rabbit anti-AKT (No. 9272), rabbit anti-phospho NF- $\kappa$ B p65 (Ser536) (93H1) (No. 3033), rabbit anti-NF- $\kappa$ B p65 (D14E12) XP (No. 8242) (all 1:1000, Cell Signaling Technology) or anti-mouse glyceraldehyde-3-phosphate dehydrogenase (GAPDH) (MAP374) (1:5000, Merck Millipore, USA) overnight at 4°C. After washing with Tris-buffered saline-containing Tween 20 (0.05%), bound antibody was visualized using horseradish peroxidase-conjugated goat anti-rabbit IgG or horseradish peroxidase-conjugated anti-mouse IgG antibody (Dako, USA) and enhanced chemiluminescence, and imaged (Image Station 4000MM; Kodak Digital Science, New Haven, CT). GAPDH served as the control.

## **Statistical analysis**

Statistical analysis was conducted using GraphPad Prism version 7 software (San Diego, CA, USA). Comparisons of data were carried out using one-way ANOVA with repeated measures followed by a Bonferroni post-test, where appropriate unless otherwise specified. A probability (*p*) value of less than 0.05 was considered significant.

## Results

### **Stimulation with propionate or butyrate and TNF $\alpha$ increases cytokine release from fibroblasts.**

To assess whether SCFAs inhibit the inflammatory response to TNF $\alpha$  in human lung mesenchymal cells, HLFs ( $n = 10-24$ ) were challenged with propionate, butyrate or acetate prior to stimulation with TNF $\alpha$ , and IL-6 and CXCL8 release was measured. None of the SCFAs suppressed TNF $\alpha$ -induced cytokine release. Challenge with propionate (25mM), butyrate (10mM) and acetate (25mM) alone did not induce cytokine release from HLFs (*Figure 1A-F*). However, challenge with the combination of propionate (10mM and 25mM) and TNF $\alpha$  (1ng/ml) resulted in substantially greater IL-6 ( $p < 0.05$ ) and CXCL8 ( $p < 0.001$ ) release than challenge with TNF $\alpha$  alone (*Figure 1A and 1B*). The effect of the combination of propionate and TNF $\alpha$  on IL-6 and CXCL8 release was greater than the sum of the individual effects of propionate and TNF $\alpha$ , demonstrating a synergistic effect. Challenge with butyrate (10mM) and TNF $\alpha$  also resulted in greater IL-6 ( $p < 0.001$ ) and CXCL8 ( $p < 0.0001$ ) release, than TNF $\alpha$  alone (*Figure 1C and 1D*). There was no interaction between acetate and TNF $\alpha$  (*Figure 1E and 1F*).

### **Stimulation with propionate and TNF $\alpha$ increases IL-6 and CXCL8 mRNA expression in fibroblasts.**

Next, we assessed whether propionate increases TNF $\alpha$ -induced IL-6 and CXCL8 mRNA expression using qPCR. Challenge with the combination of propionate (25mM) and TNF $\alpha$  (1ng/ml) resulted in substantially greater mRNA expression of IL-6 ( $n = 8$ ,  $p < 0.05$ ) and CXCL8 ( $n = 8$ ,  $p < 0.05$ ) (*Figure 2*) than challenge with TNF $\alpha$  alone at both time points (12h and 24h). The effect of the combination of propionate and TNF $\alpha$  on IL-6 and CXCL8 mRNA expression was greater than the sum of the individual effects of propionate and TNF $\alpha$ , again demonstrating synergistic effects.

**SCFAs enhance TNF $\alpha$ -induced IL-6 and CXCL8 release through FFAR3 signalling.**

To investigate whether these pro-inflammatory effects are mediated through activation of FFAR2 and/or FFAR3, HLFs were challenged with specific agonists for FFAR2 (4-CMTB) or FFAR3 (AR420626), prior to stimulation with TNF $\alpha$ . Challenge with the combination of AR420626 (10 $\mu$ M), but not 4-CMTB, and TNF $\alpha$  resulted in greater IL-6 ( $n = 14$ ,  $p < 0.05$ ) and CXCL8 ( $n = 14$ ,  $p < 0.001$ ) release than TNF $\alpha$  alone (*Figure 3A-3D*), suggesting the activation of FFAR3, but not FFAR2 to be the signalling mechanism for SCFAs. To further confirm the involvement of FFAR3 signalling, HLFs were incubated with FFAR3 antagonist BOH (100mM) for 60 minutes prior to challenge with the combination of propionate (10mM) and TNF $\alpha$ . Blocking of FFAR3 signalling with BOH suppressed propionate and TNF $\alpha$ -induced IL-6 ( $n = 8$ ,  $p < 0.05$ ) and CXCL8 release ( $n = 8$ ,  $p < 0.01$ ) (*Figure 3E and 3F*).

**Stimulation with propionate and TNF $\alpha$  leads to hyperactivation p38 MAPK.** To investigate the mechanisms underlying the effects of combined propionate and TNF $\alpha$ -induced IL-6 and CXCL8 release, we used protein immunoblotting to investigate the activation of signalling pathways. We focussed on five known major signalling pathways (NF- $\kappa$ B, p38 MAPK, AKT, ERK and SAPK/JNK), all of which have been shown to stimulate IL-6 and/or CXCL8 production (22, 26, 36, 41). Phosphorylation of NF- $\kappa$ B was increased 30 minutes after stimulation with TNF $\alpha$  alone ( $n = 10$ ,  $p < 0.01$ ), but was not increased by concomitant treatment with propionate ( $p < 0.01$ ) (*Figure 4A*). p38 MAPK phosphorylation was increased upon challenge with propionate alone ( $n = 10$ ,  $p < 0.05$ ), TNF $\alpha$  alone ( $p < 0.01$ ) and the combination of propionate and TNF $\alpha$  ( $n = 10$ ,  $p < 0.01$ ) (*Figure 4C*). The combination of propionate and TNF $\alpha$  led to greater phosphorylation of p38 MAPK, than TNF $\alpha$  alone ( $p < 0.05$ ), showing hyperactivation of this pathway. Phosphorylation of AKT did not increase with any of the treatments (*Figure 4E*) and phosphorylation of ERK was increased upon challenge with TNF $\alpha$  alone ( $n = 10$ ,  $p < 0.01$ ), but not in combination with propionate (*Figure 4G*). Finally, phosphorylation of JNK was increased upon challenge with TNF $\alpha$  alone ( $n = 10$ ,  $p < 0.05$ ) and the combination of propionate

and TNF $\alpha$  ( $p < 0.01$ ) (Figure 4I). Total NF- $\kappa$ B, p38 MAPK, AKT, ERK and SAPK/JNK did not change with any treatment (Figure 4B, D, F, H, J).

**Inhibition of p38 MAPK suppresses and propionate and TNF $\alpha$ -induced cytokine release.** To further investigate and confirm the mechanisms underlying the effects of propionate and TNF $\alpha$ -induced IL-6 and CXCL8 release, specific inhibitors were used to block COX, p38 MAPK, JNK, NF- $\kappa$ B or MEK activation, at concentrations previously shown to be effective in human airway cells (7, 10, 12, 14, 17, 49). Inhibition of COX, JNK or MEK did not suppress cytokine release induced by propionate in combination with TNF $\alpha$  or TNF $\alpha$  alone. However, inhibition of p38 MAPK with SB239063 suppressed IL-6 ( $n = 10$ ,  $p < 0.05$ ) and CXCL8 ( $n = 10$ ,  $p < 0.05$ ) release induced by TNF $\alpha$  alone (Figure 5A and 5B) and by the combination of propionate and TNF $\alpha$  ( $n = 11$ ,  $p < 0.05$  for IL-6 and  $p < 0.01$  for CXCL8) (Figure 5C and 5D). Inhibition of NF- $\kappa$ B suppressed IL-6 ( $p < 0.05$ ), but not CXCL8 release, induced by propionate in combination with TNF $\alpha$ . This suggests p38 MAPK to be the main pathway. However, the partial (30-60%) inhibition of propionate and TNF $\alpha$ -induced cytokine release achieved by blocking the p38 MAPK signaling pathway, indicates that other pathways are also involved.

**Chronic exposure of SCFAs also enhances TNF $\alpha$ -induced cytokine release from fibroblasts**

To explore whether chronic exposure to SCFAs has similar effects as acute exposure, HLFs ( $n = 7$ ) were challenged with propionate (25mM), butyrate (10mM) or acetate (25mM) for 96h before TNF $\alpha$  was added for another 24h. Challenge with propionate or butyrate, but not acetate led to substantially greater IL-6 ( $p < 0.01$ ) and CXCL8 ( $p < 0.001$ ), than challenge with TNF $\alpha$  alone (Figure 6). These results demonstrate that chronic or acute exposures of SCFAs have similar effects on TNF $\alpha$ -induced IL-6 and CXCL8 release.

**Stimulation with acetate, propionate or butyrate and TNF $\alpha$  increases cytokine release from ASM cells.** To explore whether other lung mesenchymal cells respond in a similar way to HLFs, we repeated selected experiments in primary human ASM cells ( $n = 8-20$ ). The combination of propionate (10mM and 25mM) and TNF $\alpha$  resulted in substantially greater IL-6 ( $p < 0.01$ ) and CXCL8 release ( $p < 0.01$ ), than challenge with TNF $\alpha$  alone (*Figure 7A and 7B*). Challenge with butyrate (10mM) and TNF $\alpha$  also resulted in greater IL-6 (10mM) ( $p < 0.05$ ) and CXCL8 release ( $p < 0.01$ ), than TNF $\alpha$  challenge alone (*Figure 6C and 6D*). The combination of acetate (10mM and 25mM) and TNF $\alpha$  had no effect on IL-6, but resulted in greater CXCL8 ( $p < 0.01$ ) release from ASM cells (*Figure 7E and 7F*). Thus, challenge of ASM cells shows similar effects as in the HLFs.

**Propionate suppresses LPS-induced CXCL8 release from THP-1 monocytes.** Our findings show that SCFAs have pro-inflammatory and not anti-inflammatory effects on lung mesenchymal cells. This contradicts our hypothesis, as well as published literature demonstrating that SCFAs are generally anti-inflammatory including in white blood cells such as monocytes (33). To confirm and replicate these findings in our study, THP-1 cells were challenged with acetate, propionate or butyrate prior to stimulation with LPS, and CXCL8 release was measured. Propionate (25mM), but not acetate or butyrate suppressed LPS-induced CXCL8 release from THP-1 cells ( $n = 7$ ,  $p < 0.001$ ) (*Figure 8A-C*). None of the SCFAs increased LPS-induced cytokine release, demonstrating that the pro-inflammatory effects of SCFAs that we have found are cell specific.

## **Discussion**

This study is the first to investigate whether SCFAs directly suppress innate immune responses in primary human lung mesenchymal cells. We found that the SCFAs propionate, butyrate or acetate did not suppress TNF $\alpha$ -induced cytokine release from HLFs. Furthermore, challenge with high concentrations (10mM and 25mM) of propionate in combination with TNF $\alpha$  led to greater IL-6 and CXCL8 release than TNF $\alpha$  alone. The effect of the combination of propionate and TNF $\alpha$  on cytokine release was substantially greater than the sum of the individual effects of propionate or TNF $\alpha$  alone which indicates that the effects are synergistic. Butyrate, but not acetate also increased TNF $\alpha$ -induced cytokine release, although the effect on IL-6 release was less profound compared to propionate. These effects were observed with acute (36-48h) and chronic exposure (120h) of SCFAs. Several studies have demonstrated that SCFAs have therapeutic potential in protecting against allergic airways disease in animal models (42, 44), and asthma in human studies (13), potentially through their anti-inflammatory properties. SCFAs have been shown to inhibit the production of pro-inflammatory mediators such as TNF $\alpha$  in LPS-stimulated immune cells, including neutrophils, monocytes and macrophages (30, 34, 51). Inhibitory effects have also been observed in human intestinal cell lines, with reduced LPS-induced CXCL8 release, associated with the inhibition of HDAC activity (1). However, not all studies have reported anti-inflammatory effects. SCFAs have also been shown to increase pro-inflammatory cytokine production in toll like receptor (TLR)-stimulated polymorphonuclear cells and epithelial cells *in vitro* (28, 32) and well as in a mouse-model study (20). In addition, orally administered SCFAs have been shown to induce inflammation in the renal system in mice (35). Moreover, there is evidence for SCFA enhancement of neutrophil chemotaxis in mouse-model studies (50). In bronchial epithelial cells, depending on the concentration of SCFAs, either inhibitory or stimulatory effects on pro-inflammatory cytokine production are observed (11). Thus, observations of the effects of SCFAs on inflammatory processes in immune cells and structural cells are divergent. They can be pro- or anti-inflammatory depending on the cell type that is studied and on the conditions, type and concentration of SCFA and type of co-stimulation. The concentrations of

SCFAs used in this study were chosen based on concentrations found in the colonic lumen (30-150mM), the airways (0.1-5mM) and from previous studies, and based on individual concentrations of SCFAs with acetate being the most prevalent followed by propionate and butyrate, respectively (11, 55). To investigate the use of SCFAs as a therapeutic strategy, we also used concentrations that are higher than physiological concentrations, as typically occurs when exogenous cytokines, prostaglandins or other mediators are used as therapeutics. We examined the release of IL-6 and CXCL8 from mesenchymal cells, as these are pro-inflammatory mediators and are important in the pathogenesis of asthma (2). IL-6 is a marker of systemic inflammation and its levels are increased in the serum and BAL fluid of asthma patients. Increased IL-6 levels have also been associated with asthma exacerbations, disease severity and poor lung function (25). CXCL8 is a potent neutrophil chemoattractant, and its levels are increased in sputum in severe asthma patients and during virus-induced asthma exacerbations (2).

This is the first study to investigate the direct effects of SCFAs specifically in primary HLFs. HLFs are one of the main structural cells in the airway wall and play an important role in inflammation and the production of potent pro-inflammatory mediators, including IL-6 and CXCL8, and provide a good representation of airway mesenchymal cells (16, 18). In addition, fibroblasts are located at the interface of the airway lumen and the blood supply and are directly exposed to constituents of tissue fluids (plasma), including SCFAs which are present in millimolar concentrations. Hence, these cells are likely to be key cells in driving inflammatory responses to serum derived factors in asthma and consequently our study primarily focussed on lung fibroblasts.

A possible mechanism by which SCFAs elicit biological responses is the activation of FFAR2 and/or FFAR3. These two GPCRs share around 40% peptide sequence, but differ in their tissue distribution, physiological roles and affinity for SCFAs. FFAR2 has a similar affinity for acetate, propionate and butyrate, whereas FFAR3 has a greater affinity for propionate than butyrate and the lowest affinity for acetate. Acetate mainly activates FFAR2, propionate mainly activates FFAR3, and butyrate equally activates FFAR2 and FFAR3 (24, 45). Despite growing interest in these receptors, many

questions regarding their function and effect on inflammatory responses remain unanswered. Studies using FFAR2 (GPR43) and/or FFAR3 (GPR41) deficient (-/-) mice show inconsistent results; Maslowski and colleagues showed that FFAR2 was necessary for the resolution of a number of inflammatory responses in models of colitis and asthma using FFAR2<sup>-/-</sup> and germ-free mice, however, not all studies confirm these findings (29). Sina *et al.* showed that FFAR2<sup>-/-</sup> mice had reduced polymorphonuclear leucocyte infiltration that was associated with less tissue damage in a mouse-model of colitis (39). These results suggest a potential pro-inflammatory role of FFAR2 in colitis. Trompette and colleagues, however, showed that a high fibre diet led to a reduction in inflammatory markers, including eosinophil infiltration and goblet cell hyperplasia in a mouse-model of allergic asthma compared to a low fibre diet (44). This finding was also observed in FFAR2<sup>-/-</sup> but not FFAR3<sup>-/-</sup> animals, suggesting that activation of FFAR3 is protective. In addition, *in vitro* studies using bronchial epithelial cells from cystic fibrosis patients found increased release of the pro-inflammatory mediator CXCL8 upon stimulation with SCFAs that was reduced by siRNA knockdown of FFAR3 (31). In this study, we investigated whether activation of FFAR2 and/or FFAR3 is responsible for the observed pro-inflammatory effect of propionate using specific synthetic agonists for these receptors. We used 4-CMTB, which is a selective allosteric ligand for FFAR2 (40), and AR420626, which is a selective agonist of FFAR3 that does not activate FFAR2 at concentrations up to 100 $\mu$ M (9). Interestingly, we found that AR420626, but not 4-CMTB in combination with TNF $\alpha$ , resulted in greater IL-6 and CXCL8 release, than challenge with TNF $\alpha$  alone. These results suggest that activation of FFAR3, but not FFAR2 enhances the pro-inflammatory effects of TNF $\alpha$  in HLFs. This could also explain the lack of pro-inflammatory effect of acetate in HLFs, as acetate primarily acts on FFAR2. We further confirmed these findings using the FFAR3 antagonist BOH. Several studies have shown BOH to inhibit FFAR3 signalling *in vitro* (21, 27, 54). We found that BOH pre-treatment suppressed propionate and TNF $\alpha$ -induced IL-6 and CXCL8 release, providing further evidence for FFAR3 to be the main signalling pathway.



We also demonstrated that propionate increases TNF $\alpha$ -induced IL-6 and CXCL8 mRNA expression, indicating that the transcription of these cytokines is enhanced. To further understand the mechanisms involved, signalling pathways were investigated using protein immunoblotting. We focussed on five main signalling pathways, NF- $\kappa$ B, p38 MAPK, AKT, ERK and SAPK/JNK, all of which have been shown to stimulate IL-6 and/or CXCL8 production (22, 26, 36, 41). We demonstrated that in HLFs, TNF $\alpha$  alone activates NF- $\kappa$ B, p38 MAPK, ERK and JNK, but not AKT signalling. TNF $\alpha$  is known to stimulate multiple signal transduction pathways, including JNK, p38 and NF- $\kappa$ B, resulting in IL-6 and CXCL8 release in other cell types (8, 53). More importantly, we found that hyperactivation of p38 MAPK is the underlying mechanism for the pro-inflammatory effects of propionate as challenge with this SCFA alone led to an increase in phosphorylation of p38 MAPK, and the combination of propionate and TNF $\alpha$  resulted in greater p38 MAPK phosphorylation than TNF $\alpha$  alone. We further investigated and confirmed the mechanisms involved in propionate and TNF $\alpha$ -induced IL-6 and CXCL8 release using specific signalling inhibitors. SB239063 is a potent and selective inhibitor of p38 MAPK and displays specific and high-affinity binding (IC<sub>50</sub> = 44nM) (46). It suppressed IL-6 and CXCL8 release induced by TNF $\alpha$  alone and by the combination of propionate and TNF $\alpha$ . Inhibition of NF- $\kappa$ B partially suppressed IL-6, but not CXCL8 release induced by propionate and TNF $\alpha$ . These results confirm that p38 MAPK signalling is the main signal transduction pathway responsible for propionate and TNF $\alpha$ -induced cytokine release.

To explore whether other structural lung cells respond in the same way as lung fibroblasts, we repeated selected experiments in primary ASM cells. In ASM cells, propionate and butyrate in combination with TNF $\alpha$  also resulted in synergistic cytokine release, but the effect of butyrate was less profound compared to propionate. These results show that SCFAs have similar effects in ASM cells and HLFs. Interestingly, acetate also enhanced TNF $\alpha$ -induced CXCL8, but not IL-6 release from ASM cells, indicating that this SCFA has pro-inflammatory effects in ASM cells, but not HLFs. These results show different cells respond differently in some way to SCFAs, but the consistent observation is that propionate and butyrate are the most potent SCFAs in enhancing pro-inflammatory effects in

primary lung mesenchymal cells. This is interesting, as based on previous findings from others, we expected SCFAs to be anti-inflammatory and potentially beneficial in reducing inflammation in asthma, but found opposite results in lung mesenchymal cells. We next used a monocyte cell line (THP-1) and investigated whether SCFAs suppressed LPS-induced CXCL8 release, and found an inhibitory effect of propionate. These results confirm SCFAs to have both anti-inflammatory and pro-inflammatory effects, depending on the stimulus and cell type studied. Although the studies in this manuscript utilized primary human mesenchymal cells, an important limitation of this study is that all studies were done *in vitro*. In future studies effects of SCFAs on inflammatory markers will be investigated using an *in vivo* model. In summary, this study demonstrates that exposure of primary HLFs and ASM cells to supra-physiological concentrations of SCFAs synergistically enhances TNF $\alpha$ -induced inflammatory responses, as measured by IL-6 and CXCL8 release, through activation of FFAR3 and p38 MAPK signalling. Contrary to our hypothesis, this study demonstrates that pro-inflammatory, rather than anti-inflammatory effects of SCFAs are evident in lung mesenchymal cells.

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**Disclosures**

No conflicts of interest, financial or otherwise, are declared by the authors.

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**Author contributions**

S.R, D.X, P.M.H and B.G.O conceived and planned the experiments. S.R. and D.X carried out the experiments. S.R, D.X, B.G.O and L.G.W. contributed to the interpretation of the results. S.R. took the lead in writing the manuscript. All authors provided critical feedback and helped shape the research, analysis and manuscript.

412 Table 1. Summary of patient demographics

Donor #	Cell type	Diagnosis	Age	Gender (F/M)	Surgery (T/R/B)	Smoking history (Current/ex/non) (pack years)	Medication before surgery	LTOT (yes/no)	Experiments
1.	HLF	sarcoidosis/ pulmonary fibrosis	50	M	T	N/A	budesonide/formoterol, terbutaline	N/A	qPCR, inhibitors, FFAR agonists
2.	HLF	NSCLC	62	M	R	Non-smoker	travoprost	No	qPCR, inhibitors, FFAR agonists
3.	HLF	tumour	70	F	R	Ex-smoker (45 pack years)	tiotropium, budesonide/formoterol, ezetimibe, rosuvastatin, felodipine, sertraline, indapamide.	No	qPCR, inhibitors, FFAR agonists
4.	HLF	COPD	55	M	T	Ex-smoker (30 pack years)	tiotropium, fluticasone/salmeterol, salbutamol, prednisolone	No	qPCR, inhibitors, FFAR agonists
5.	HLF	COPD	52	F	T	Ex-smoker (50 pack years)	venlafaxine, prednisolone, fluticasone/salmeterol, tiotropium	No	qPCR, SCFAs + TNF $\alpha$ , inhibitors, FFAR agonists, WB
6.	HLF	adenocarcinoma	64	F	R	Ex-smoker	levothyroxine, telmisartan, furosemide, spironolactone, rosuvastatin, warfarin	No	qPCR, SCFAs + TNF $\alpha$ , inhibitors, FFAR agonists, WB
7.	HLF	sarcoidosis	46	M	T	Ex-smoker (<2 pack years)	methotrexate, folinic acid, budesonide/formoterol, amoxicillin/clavulanic acid, omeprazole	No	qPCR, SCFAs + TNF $\alpha$ , inhibitors, FFAR agonists, WB
8.	HLF	emphysema	54	M	T	Ex-smoker (60 pack years)	N/A	Yes	qPCR, SCFAs + TNF $\alpha$ , inhibitors, FFAR agonists, WB
9.	HLF	IPF	58	F	T	N/A	salbutamol, warfarin, pravastatin, tralokinumab, fenofibrate, celecoxib, levothyroxine, mometasone	No	SCFAs + TNF $\alpha$
10.	HLF	COPD	56	F	T	Ex-smoker (120 pack years)	fluticasone/formoterol, tiotropium, pantoprazole, terbutaline	Yes	SCFAs + TNF $\alpha$
11.	HLF	Emphysema	59	M	T	Current (35 pack years)	fluticasone/formoterol, prednisolone, salbutamol, tiotropium, meloxicam, doxycycline, ipratropium, glycopyrronium bromide, tapentadol, oxycodone, rabeprazole, pregabalin	No	SCFAs + TNF $\alpha$
12.	HLF	pulmonary hypertension	36	M	T	Non-smoker	dobutamine, bumetanide, empagliflozin, entecavir, folic acid, gabapentin	No	SCFAs + TNF $\alpha$
13.	HLF	emphysema	62	F	T	Ex-smoker (40 pack years)	terbutaline, ciclesonide, tiotropium, formoterol, salbutamol, ipratropium, irbesartan, rosuvastatin, prednisolone, azithromycin, pantoprazole	Yes	SCFAs + TNF $\alpha$ , FFAR agonists, WB
14.	HLF	IPF	57	M	T	Ex-smoker (40 pack years)	sildenafil, bumetanide, fluticasone/formoterol, salbutamol	Yes	SCFAs + TNF $\alpha$ , FFAR agonists, WB
15.	HLF	IPF	62	M	T	Ex-smoker (10 pack years)	N/A	N/A	SCFAs + TNF $\alpha$ , FFAR agonists, WB
16.	HLF	NSCLC	72	F	R	Ex-smoker (>20 pack years)	telmisartan, propionate/salmeterol, furosemide, ranitidine.	No	SCFAs + TNF $\alpha$ , FFAR agonists, WB
17.	HLF	adenocarcinoma	57	F	R	N/A	N/A	No	SCFAs + TNF $\alpha$ , FFAR agonists, WB
18.	HLF	IPF	63	M	T	Ex-smoker (>40 pack years)	prednisone, pantoprazole, lorazepam, escitalopram, morphine	Yes	SCFAs + TNF $\alpha$ , FFAR agonists, WB
19.	HLF	IPF	52	M	T	Ex-smoker	clonazepam, esomeprazole, clotrimazole, hydrocortisone, irbesartan,	Yes	SCFAs + TNF $\alpha$ , inhibitors, WB

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						(15 pack years)	nintedanib, paracetamol, rosuvastatin, temazepam, trimethoprim/ sulfamethoxazole,		
20.	HLF	sarcoidosis/ pulmonary hypertension	57	M	T	Non-smoker	prednisolone, sildenafil, warfarin, ambrisentan	Yes	SCFAs + TNF $\alpha$ , inhibitors, WB
21.	HLF	IPF	63	F	T	Ex-smoker (15 pack years)	gabapentin, lorazepam, pantoprazole, prednisolone, sildenafil, trimethoprim/sulfamethoxazole	Yes	SCFAs, inhibitors, WB
22.	HLF	IPF	55	M	T	Ex-smoker (10 pack years)	pantoprazole, nintedanib, olmesartan, fluticasone /vilanterol	Yes	SCFAs + TNF $\alpha$
23.	HLF	IPF	59	M	T	Ex-smoker (26 pack years)	prednisolone, omeprazole, budesonide/formoterol, glycopyrronium bromide, perindopril	Yes	SCFAs + TNF $\alpha$
24.	HLF	rejection/IPF	61	M	T	N/A	cyclosporin, prednisolone, trimethoprim/ sulfamethoxazole, azithromycin, mycophenolate mofetil, posaconazole, ezetimibe, pravastatin, irbesartan, metformin, pantoprazole	No	SCFAs + TNF $\alpha$
25.	HLF	IPF	65	M	T	Ex-smoker (35 pack years)	omeprazole, sildenafil, budesonide/formoterol, nizatidine, ergocalciferol	Yes	SCFAs + TNF $\alpha$
26.	HLF	pulmonary hypertension	62	F	T	Non-smoker	prednisolone, sildenafil, furosemide, pantoprazole	Yes	SCFAs + TNF $\alpha$
27.	HLF	ILD	40	M	T	Ex-smoker (5 years)	trimethoprim/sulfamethoxazole, prednisolone, pantoprazole, azathioprine, mycophenolic acid,	No	SCFAs + TNF $\alpha$
28.	HLF	COPD	69	F	T	Ex-smoker (100 pack years)	tiotropium, budesonide/formoterol, atorvastatin, furosemide, baclofen, glucosamine, ciclesonide, rabeprazole, terbutaline, perindopril/amlodipine	No	Chronic exposure of SCFAs, FFAR3 antagonist
29.	HLF	Interstitial pneumonitis	59	M	T	Non-smoker	trimethoprim/sulfamethoxazole, prednisolone, metformin, atorvastatin, escitalopram	Yes	Chronic exposure of SCFAs, FFAR3 antagonist
30.	HLF	IPF	64	M	T	Ex-smoker (70 pack years)	furosemide, atorvastatin, thyroxine, aspirin, sildenafil, bisoprolol, pantoprazole, umeclidinium bromide/vilanterol, olmesartan medoxomil	Yes	Chronic exposure of SCFAs, FFAR3 antagonist
31.	HLF	IPF	54	M	T	Ex-smoker (>30 pack years)	azathioprine, prednisolone, rosuvastatin, trimethoprim, pregabalin, warfarin	No	Chronic exposure of SCFAs, FFAR3 antagonist
32.	HLF	IPF	63	M	T	Ex-smoker (2 pack years)	prednisolone, pirfernidone, n-acetylcysteine	Yes	Chronic exposure of SCFAs, FFAR3 antagonist
33.	HLF	Adenocarcinoma	57	F	R	N/A	N/A	N/A	Chronic exposure of SCFAs, FFAR3 antagonist
34.	HLF	Squamous Cell Carcinoma	62	F	R	Ex-smoker (60 pack years)	Unknown	No	Chronic exposure of SCFAs, FFAR3 antagonist
35.	HLF	Adenocarcinoma	75	F	R	Ex-smoker (>20 pack years)	rosuvastatin, aspirin, clopidogrel	No	Chronic exposure of SCFAs, FFAR3 antagonist
36.	HLF	Extrinsic allergic alveolites	69	M	T	Ex-smoker (23 pack years)	prednisolone, olmesartan, trimethoprim/ sulfamethoxazole, aspirin, atorvastatin, temazepam, venlafaxine	No	SCFAs + TNF $\alpha$
37.	ASM	emphysema	44	F	T	Ex-smoker (15 pack years)	prednisolone, salbutamol, salmeterol/fluticasone, tiotropium,	N/A	SCFAs + TNF $\alpha$
38.	ASM	COPD	52	F	T	Ex-smoker (50 pack years)	venlafaxine, prednisolone, fluticasone/salmeterol, tiotropium	No	SCFAs + TNF $\alpha$
39.	ASM	COPD	56	F	T	Ex-smoker	symbicort, tiotropium, terbutaline		SCFAs + TNF $\alpha$

*Short chain fatty acids increase TNF $\alpha$ -induced inflammation*

40.	ASM	Emphysema	59	M	T	Current (35 pack year)	fluticasone/formoterol, prednisolone, salbutamol, tiotropium, meloxicam, doxycycline, ipratropium, glycopyrronium bromide, tapentadol, oxycodone, rabeprazole, pregabalin	No	SCFAs + TNF $\alpha$
41.	ASM	emphysema	62	F	T	Ex-smoker (40 pack years)	terbutaline, ciclesonide, tiotropium, formoterol, salbutamol, ipratropium, irbesartan, rosuvastatin, prednisolone, azithromycin, pantoprazole	Yes	SCFAs + TNF $\alpha$
42.	ASM	COPD	65	M	T	ex-smoker (40 pack years)	salmeterol/fluticasone, tiotropium, pantoprazole, risedronic acid	No	SCFAs + TNF $\alpha$
43.	ASM	IPF	57	M	T	Ex-smoker (40 pack years)	sildenafil, bumetanide, fluticasone/formoterol, salbutamol	Yes	SCFAs + TNF $\alpha$
44.	ASM	IPF	62	M	T	Ex-smoker (10 pack years)	N/A	N/A	SCFAs + TNF $\alpha$
45.	ASM	malignant neoplasm	75	M	R	Ex-smoker (>20 pack years)	simvastatin, allopurinol, metformin, Amlodipine, bimatoprost/timolol, perindopril, prochlorperazine maleate	No	SCFAs + TNF $\alpha$
46.	ASM	healthy donor	65	M	T	N/A	N/A	No	SCFAs + TNF $\alpha$
47.	ASM	pulmonary hypertension	30	F	T	N/A	sildenafil, furosemide, epoprostenol, macitentan	N/A	SCFAs + TNF $\alpha$
48.	ASM	IPF	58	F	T	N/A	N/A	N/A	SCFAs + TNF $\alpha$
49.	ASM	pulmonary hypertension	36	M	T	Non-smoker	dobutamine, bumetanide, empagliflozin, entecavir, folic acid, gabapentin	No	SCFAs + TNF $\alpha$
50.	ASM	emphysema	54	M	T	Ex-smoker (60 pack years)	N/A	Yes	SCFAs + TNF $\alpha$
51.	ASM	Asthma	51	M	B	N/A	N/A	No	SCFAs + TNF $\alpha$
52.	ASM	IPF	63	F	T	Ex-smoker (15 pack years)	gabapentin, lorazepam, pantoprazole, prednisolone, sildenafil, trimethoprim/sulfamethoxazole	Yes	SCFAs + TNF $\alpha$
53.	ASM	IPF	62	M	T	Ex-smoker (10 pack years)	N/A	N/A	SCFAs + TNF $\alpha$
54.	ASM	Sarcoidosis	57	M	T	Non-smoker	prednisolone, sildenafil, warfarin, ambrisentan	Yes	SCFAs + TNF $\alpha$
55.	ASM	IPF	65	M	T	Ex-smoker (35 pack years)	omeprazole, sildenafil, budesonide/formoterol, nizatidine	Yes	SCFAs + TNF $\alpha$
56.	ASM	Emphysema	59	M	T	Current (40 pack years)	salbutamol, tiotropium, mirtazapine, ciclesonide		SCFAs + TNF $\alpha$
57.	ASM	rejection/IPF	61	M	T	N/A	cyclosporin, prednisolone, trimethoprim/sulfamethoxazole, azithromycin, mycophenolate mofetil, posaconazole, ezetimibe, pravastatin, irbesartan, metformin, pantoprazole	No	SCFAs + TNF $\alpha$
58.	ASM	ILD	40	M	T	Ex-smoker (5 pack years)	trimethoprim/sulfamethoxazole, prednisolone, pantoprazole, azathioprine, mycophenolic acid, vitamin D, calcium	No	SCFAs + TNF $\alpha$

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414 HLF: human pulmonary fibroblast, ASM: airway smooth muscle, COPD: chronic obstructive pulmonary disease, NSCLC: non-small cell lung carcinoma, IPF: idiopathic pulmonary fibrosis, ILD: Interstitial  
 415 Lung Diseases, F: Female, M: Male, T: transplantation, R: resection, B: biopsy, SCFA: short chain fatty acid, FFAR: free fatty acid receptor, WB: western blotting. LTOT: long term oxygen therapy. N/A: data  
 416 not available.

## Figure legends

### **Figure 1. Synergistic increase in cytokine release with combined propionate or butyrate and TNF $\alpha$**

**challenge, than either alone in human lung fibroblasts.** Primary human lung fibroblasts ( $n = 10-24$  patients) were unstimulated (control) or challenged with short-chain fatty acids (SCFAs) propionate (Pr) (0.5mM, 10mM, 25mM) (A, B), butyrate (Bu) (0.01mM, 0.5mM, 10mM) (C, D) or acetate (Ac) (0.5mM, 10mM, 25mM) (E, F) in 0.1% BSA-DMEM for 24h with or without TNF $\alpha$  (1ng/mL) for another 24h. Cell free supernatants were collected and IL-6 (A, C, E) and CXCL8 (B, D, F) release was measured using ELISA. All data are represented as mean  $\pm$  standard error of the mean. All challenges are compared to control and challenges with SCFAs and TNF $\alpha$  are compared to with TNF $\alpha$  alone, using a one-way ANOVA and a Bonferroni post-test. Significance is represented as \*\*\*\* ( $p < 0.0001$ ), \*\*\* ( $p < 0.001$ ), \*\* ( $p < 0.01$ ) or \* ( $p < 0.05$ ).

### **Figure 2. Increased IL-6 and CXCL8 mRNA expression upon challenge with propionate and TNF $\alpha$ in**

**human lung fibroblasts.** Primary human lung fibroblasts ( $n = 8$  patients) were unstimulated (control) or challenged with propionate (Pr) (25mM) in 0.1% BSA-DMEM for 24h with or without TNF $\alpha$  (1ng/mL) for another 12h (A, C) or 24h (B, D). Total RNA was extracted and IL-6 (A, B) and CXCL8 (C, D) mRNA was measured using qPCR. All data are represented as mean  $\pm$  standard error of the mean. Challenges with Pr and TNF $\alpha$  are compared to challenge with TNF $\alpha$  alone, using a one-way ANOVA with a Bonferroni post-test. Significance is represented as \* ( $p < 0.05$ ).

### **Figure 3. SCFAs enhance TNF $\alpha$ -induced IL-6 and CXCL8 release via FFAR3 signalling.**

Primary human lung fibroblasts ( $n = 14$  patients) were unstimulated (control) or challenged with free fatty acid receptor (FFAR)2 agonist 4-CMTB (10 $\mu$ M) (A, B) or FFAR3 agonist AR420626 (10 $\mu$ M) (C, D) in 0.1% BSA-DMEM for 24h with or without TNF $\alpha$  (1ng/mL) for another 24h. Other cells ( $n = 8$ ) were pre-treated with FFAR3 antagonist  $\beta$ -hydroxybutyrate (BOH) (100mM) for 60 minutes, prior to challenge with propionate (Pr) 10mM for 24 hours and TNF $\alpha$  (1ng/ml) for another 24h (E, F). Cell free supernatants were collected and IL-6 (A, C, E) and CXCL8 (B, D, F) release was measured using ELISA.

All data are represented as mean  $\pm$  standard error of the mean. All challenges are compared to control and challenges with FFAR agonist and TNF $\alpha$  are compared to with TNF $\alpha$  alone, using a one-way ANOVA and a Bonferroni post-test. Significance is represented as \*\*\* ( $p < 0.001$ ), \*\* ( $p < 0.01$ ) or \* ( $p < 0.05$ ).

**Figure 4. Hyperactivation of p38 MAPK upon stimulation with propionate and TNF $\alpha$ .** Primary human lung fibroblasts ( $n = 6-10$  patients) were unstimulated (control) or challenged with propionate (Pr) (25mM), TNF $\alpha$  (1ng/ml) or Pr (25mM) in combination with TNF $\alpha$  (1ng/mL) for 30 minutes. Whole cell lysates were collected and levels of phosphorylated NF- $\kappa$ B p65 (A), p38 mitogen-activated protein (MAP) kinase (C), protein kinase B (Akt) (E), extracellular signal-regulated kinases (ERK) 1 and 2 (G) or Stress-activated protein kinase/c-Jun NH2-terminal kinase (SAPK/JNK) (I). Total NF- $\kappa$ B p65 (B), p38 MAP kinase (D), Akt (F) ERK1 and 2 (H) and SAPK/JNK (J) were also assessed. Densitometry was performed and all values were normalized to GAPDH (housekeeping protein), detected on the same blots. Data are expressed as fold increase of control, mean  $\pm$  standard error of the mean. Data was analysed using a one-way ANOVA with fisher's LSD test. Significance is represented as \*\*\* ( $p < 0.001$ ), \*\* ( $p < 0.01$ ) or \* ( $p < 0.05$ ). Representative western blots are shown under each graph.

**Figure 5. Inhibition of p38 MAPK supresses combined propionate and TNF $\alpha$ -induced cytokine release in human lung fibroblasts.** Primary human lung fibroblasts ( $n = 10-11$  patients) were treated with or without the cyclooxygenase (COX) inhibitor indomethacin (10 $\mu$ M), p38 mitogen-activated protein (MAP) kinase signaling inhibitor SB239063 (3 $\mu$ M), mitogen-activated protein (MAP) kinase 1 (MEK1) inhibitor PD98059 (10 $\mu$ M), the c-Jun N-terminal kinase (JNK) inhibitor SP600125 (10 $\mu$ M) or the NF- $\kappa$ B inhibitor BAY-117082 (1 $\mu$ M) for 60 minutes before challenge with TNF $\alpha$  (1ng/ml) (A, B) or propionate (Pr) (25mM) in combination with TNF $\alpha$  (1ng/ml) (C, D). Cell free supernatants were collected after 48h and IL-6 (A, C) and CXCL8 (B, D) release was measured using ELISA. All data are represented as mean  $\pm$  standard error of the mean. All treatments with inhibitor are compared to



their respective control in the absence of the inhibitor using a one-way ANOVA and a Bonferroni post-test. Significance is represented as \*\* ( $p < 0.01$ ) or \* ( $p < 0.05$ ).

**Figure 6. Chronic exposure to propionate or butyrate enhances TNF $\alpha$ -induced cytokine release in human lung fibroblasts.** Primary human lung fibroblasts ( $n = 7$  patients) were unstimulated (control) or challenged with short-chain fatty acids (SCFAs) propionate (Pr) (25mM (A, B), butyrate (Bu) (10mM) (C, D) or acetate (Ac) (25mM) (E, F) in 0.1% BSA-DMEM for 96h with or without TNF $\alpha$  (1ng/mL) for another 24h. Cell free supernatants were collected and IL-6 (A, C, E) and CXCL8 (B, D, F) release was measured using ELISA. All data are represented as mean  $\pm$  standard error of the mean. All challenges are compared to control, challenges with FFAR agonist and TNF $\alpha$  are compared to challenge with TNF $\alpha$  alone, and challenges with FFAR3 antagonist are compared with their respective control in the absence of the FFAR3 antagonist, using a one-way ANOVA and a Bonferroni post-test. Significance is represented as \*\*\* ( $p < 0.001$ ) \*\* ( $p < 0.01$ ) or \* ( $p < 0.05$ ).

**Figure 7. Greater cytokine release with combined acetate, propionate or butyrate and TNF $\alpha$  challenge, than each alone in airway smooth muscle cells.** Primary human airway smooth muscle cells ( $n = 8-20$  patients) were unstimulated (control) or challenged with short-chain fatty acids propionate (Pr) (0.5mM, 10mM, 25mM) (A, B), butyrate (Bu) (0.01mM, 0.5mM, 10mM) (C, D) or acetate (Ac) (0.5mM, 10mM, 25mM) (E, F) in 0.1% BSA-DMEM for 24h with or without TNF $\alpha$  (1ng/mL) for another 24h. Cell free supernatants were collected and IL-6 (A, C, E) and CXCL8 (B, D, F) release was measured using ELISA. All data are represented as mean  $\pm$  standard error of the mean. All challenges are compared to control and challenges with TNF $\alpha$  are compared to their respective challenge without TNF $\alpha$ , using a one-way ANOVA and a Bonferroni post-test. Significance is represented as \*\*\*\* ( $p < 0.0001$ ), \*\*\* ( $p < 0.001$ ), \*\* ( $p < 0.01$ ) or \* ( $p < 0.05$ ).

**Figure 8. Propionate suppresses LPS-induced CXCL8 release in THP-1 cells.** THP-1 cells ( $n = 7$  replicates) were unstimulated (control) or challenged with short-chain fatty acids propionate (Pr) (0.5mM, 25mM) (A), butyrate (Bu) (0.01mM, 0.5mM) (B) or acetate (Ac) (0.05mM, 25mM) in 10% FBS-RMPI for 24h with LPS (1ng/mL) for another 24h. Cell free supernatants were collected and CXCL8 release was measured using ELISA. All data are represented as mean  $\pm$  standard error of the mean. Challenges with LPS are compared to their respective challenge without LPS, using a one-way ANOVA and a Bonferroni post-test. Significance is represented as \*\*\*\* ( $p < 0.001$ ).

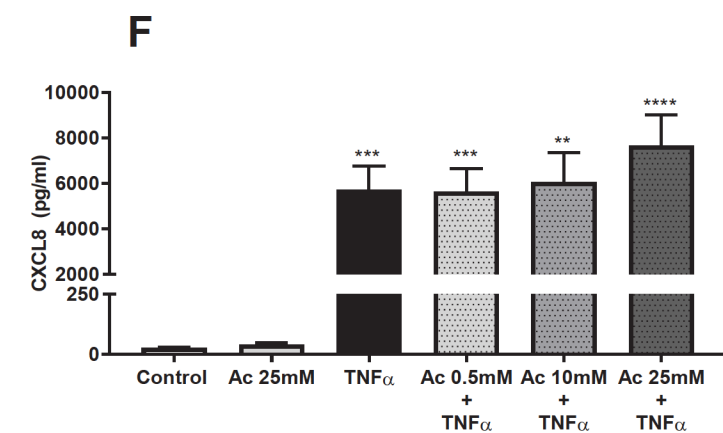
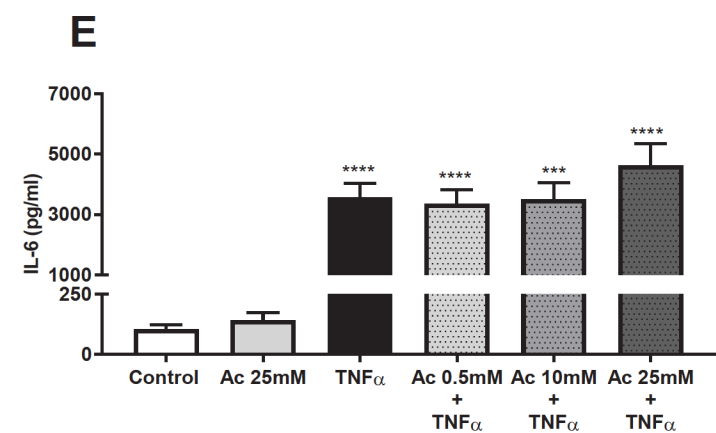
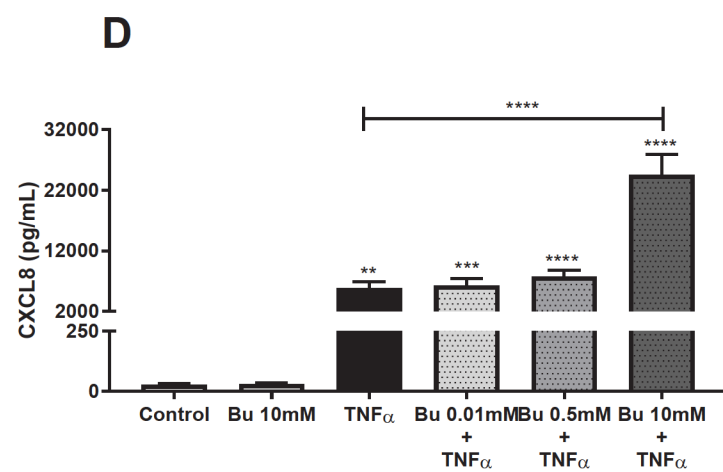
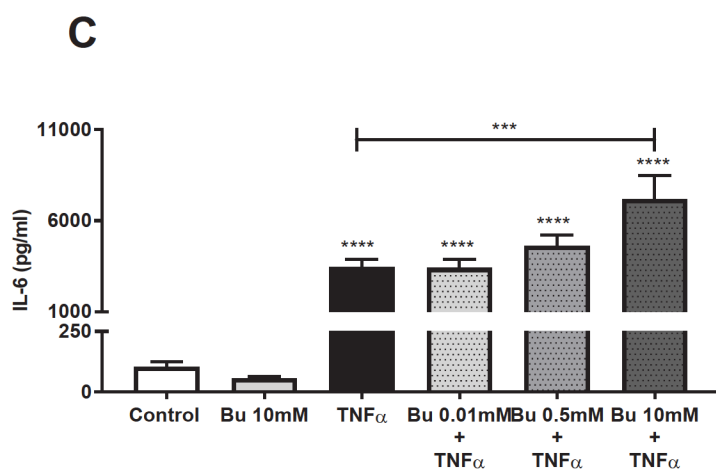
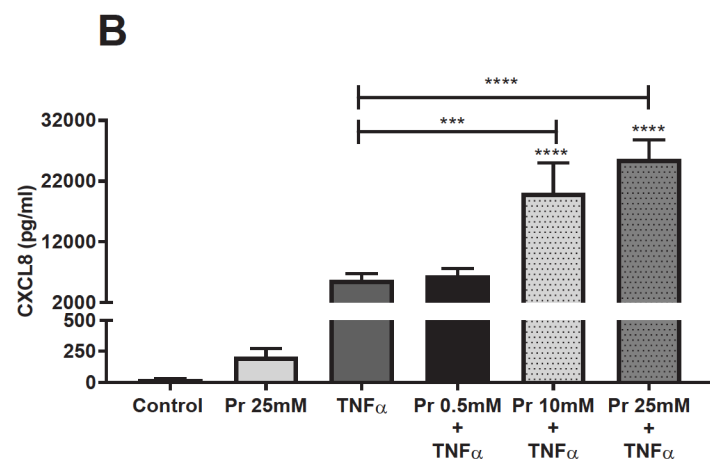
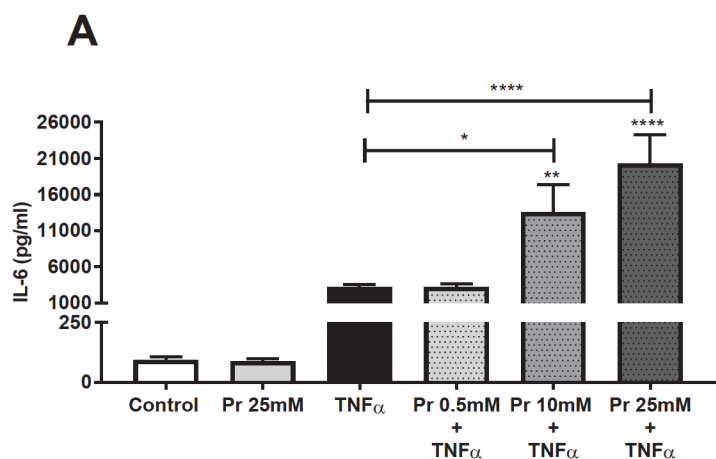
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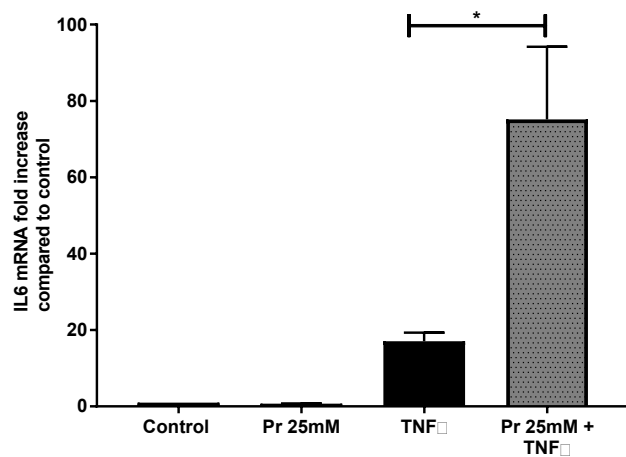
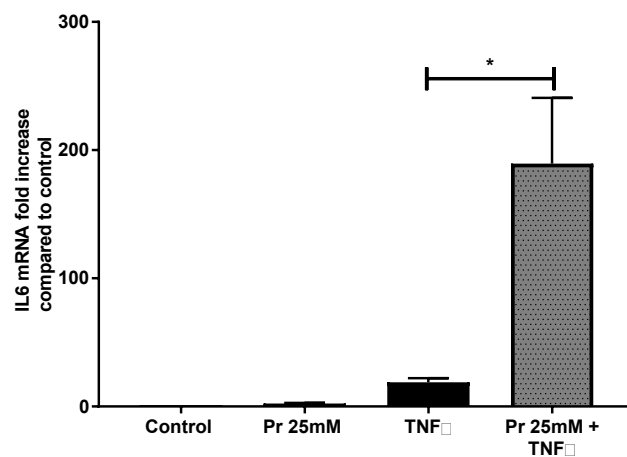
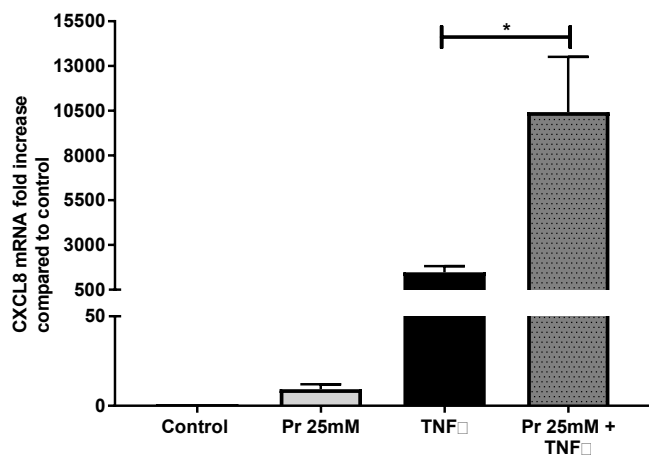
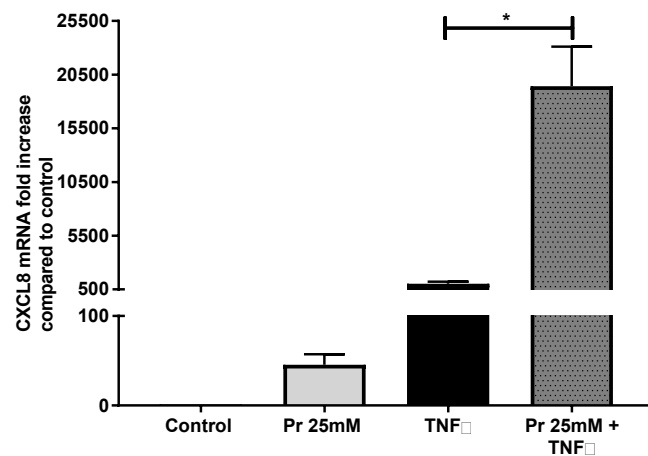
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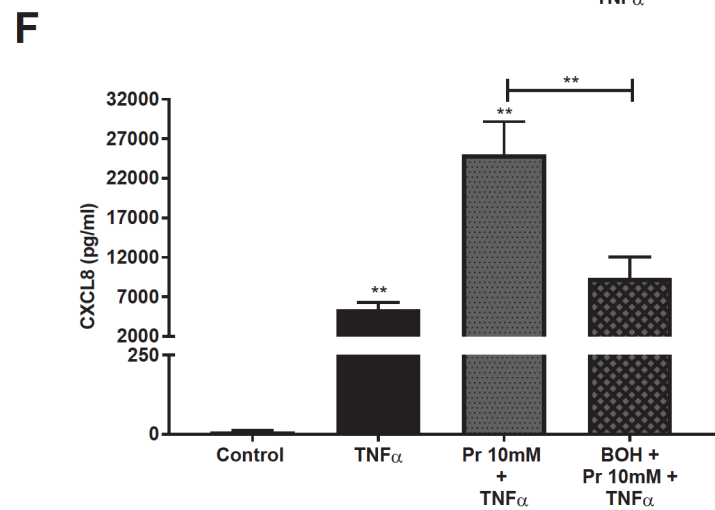
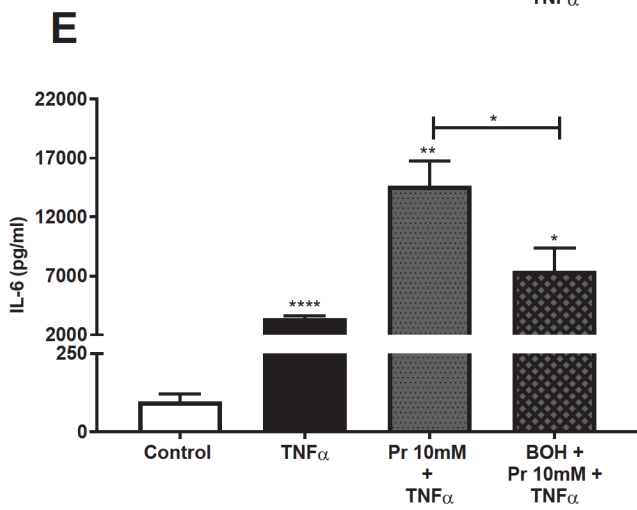
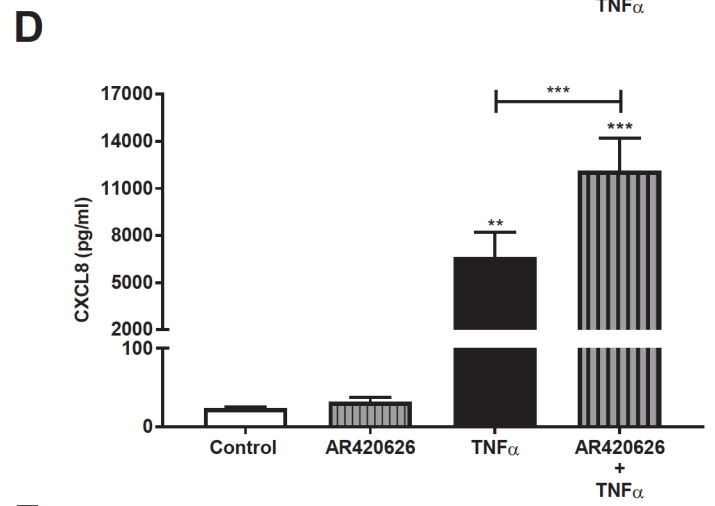
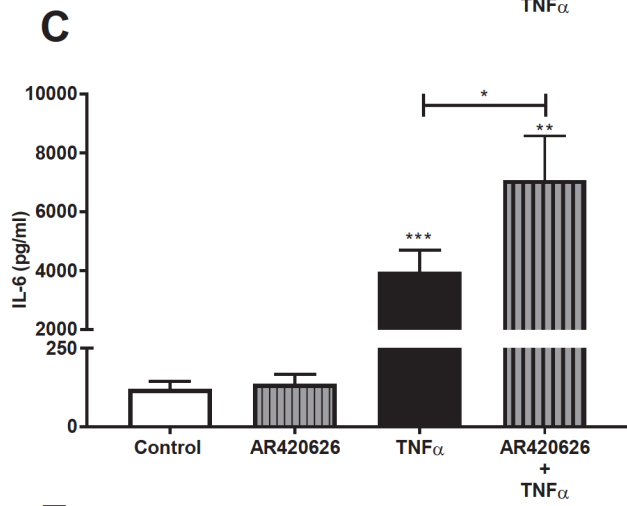
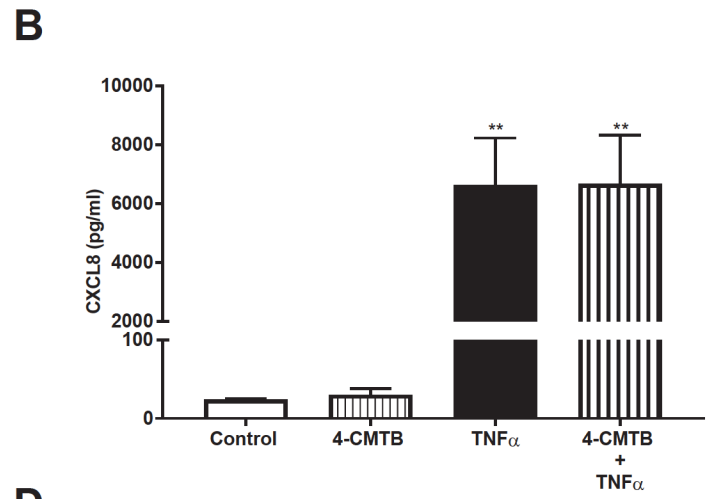
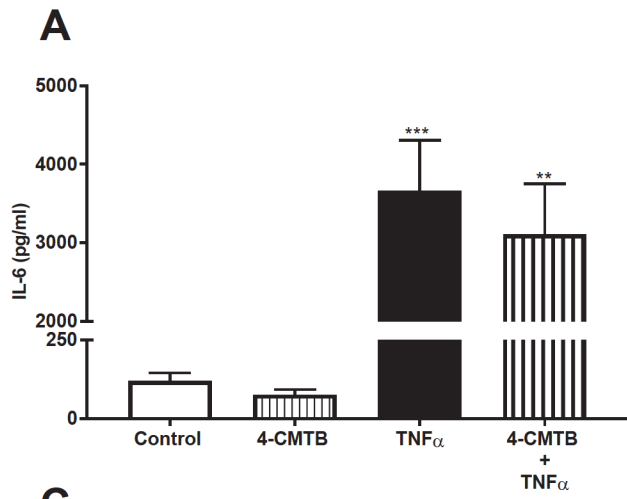
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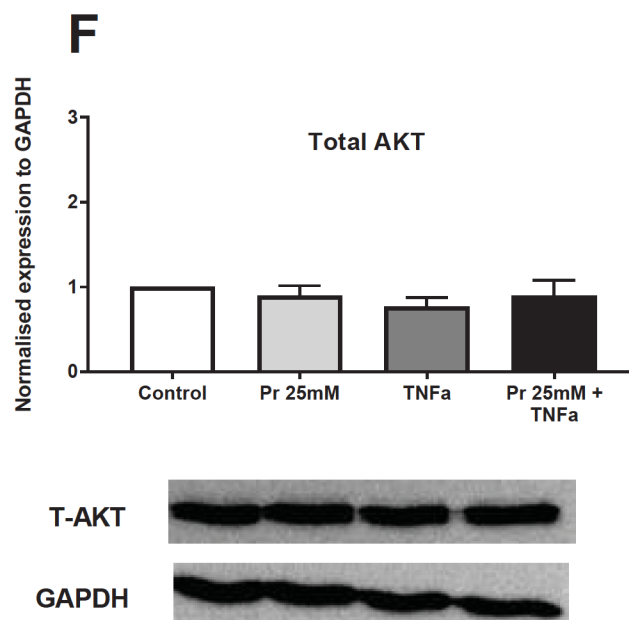
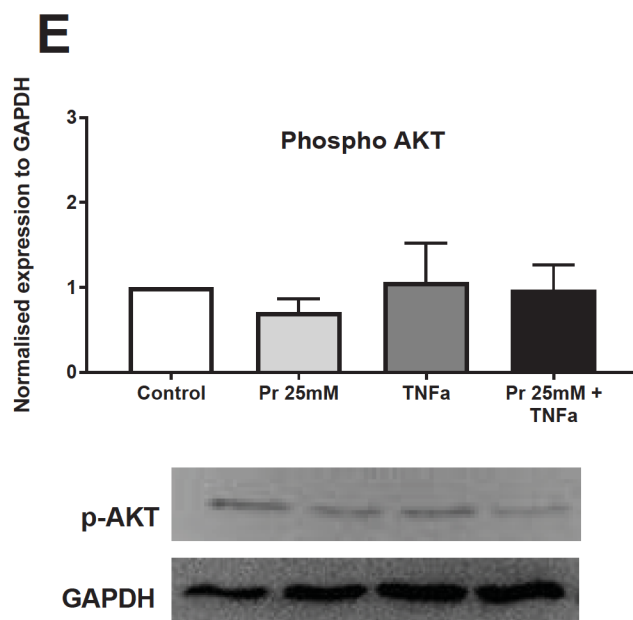
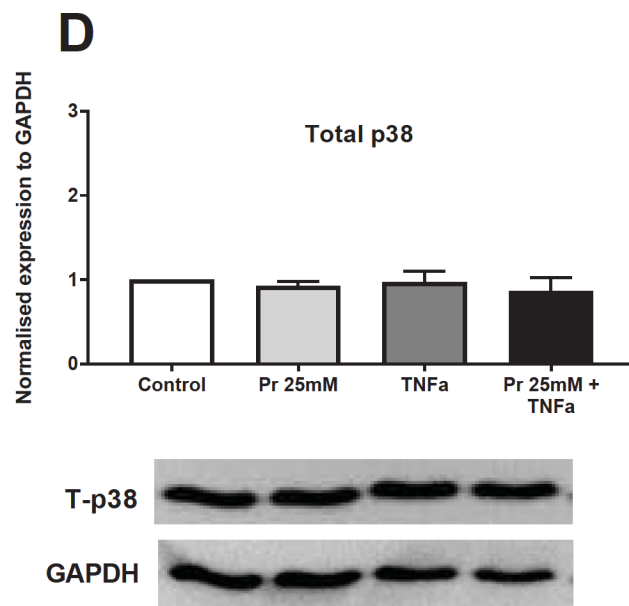
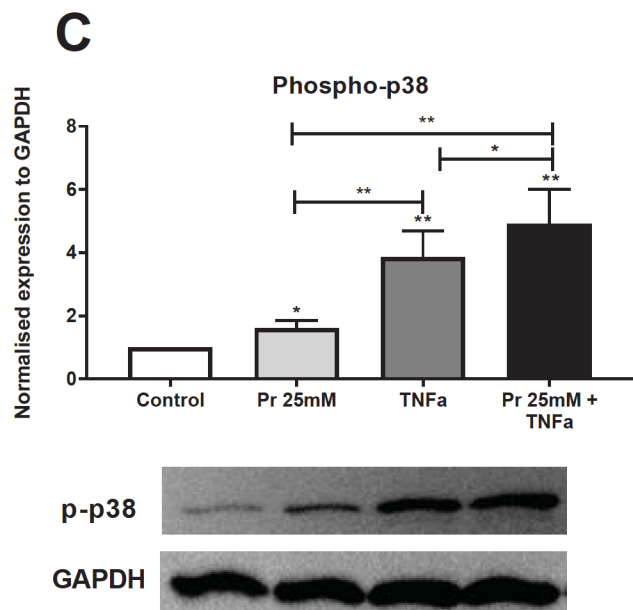
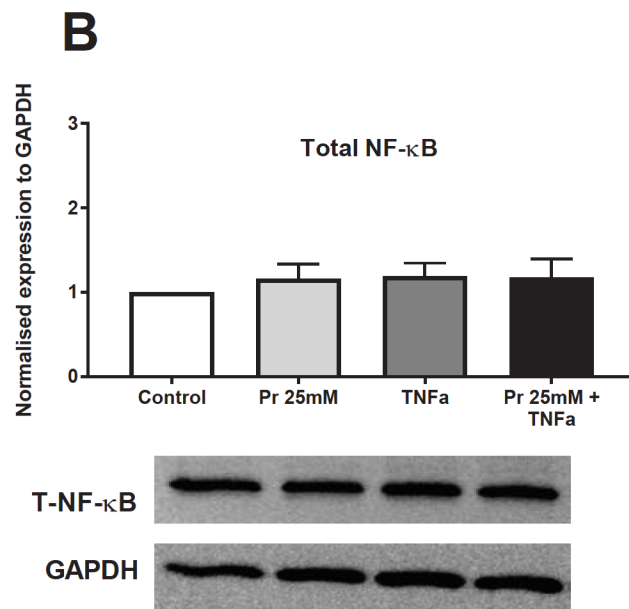
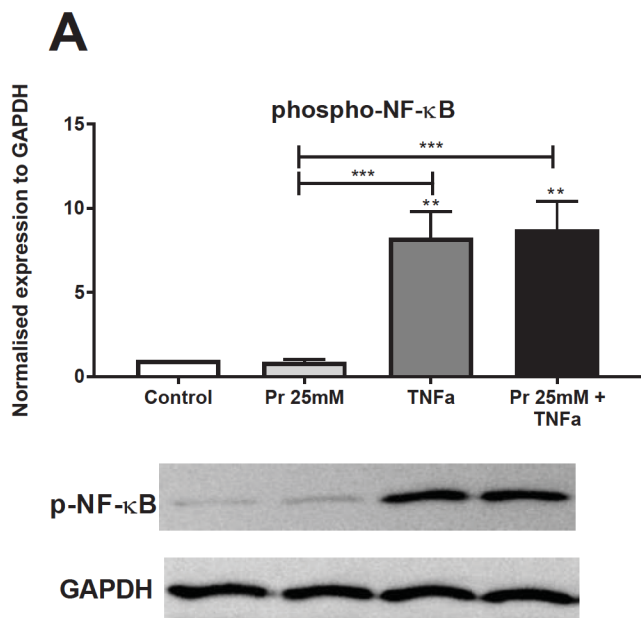
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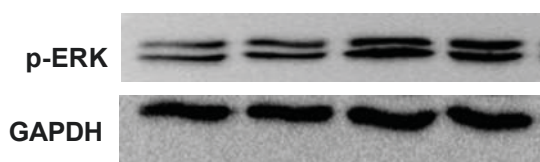
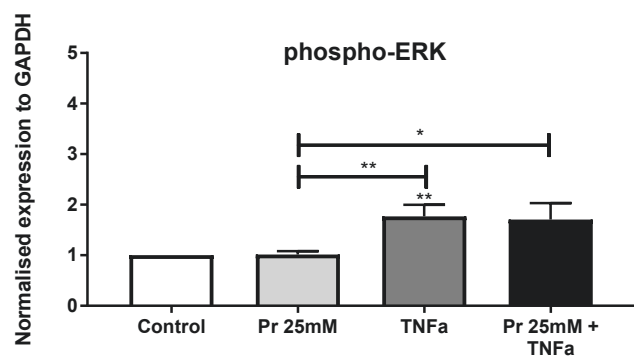
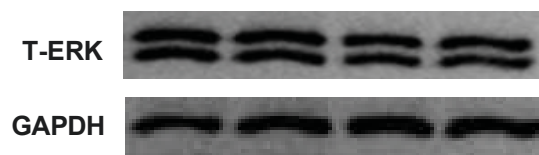
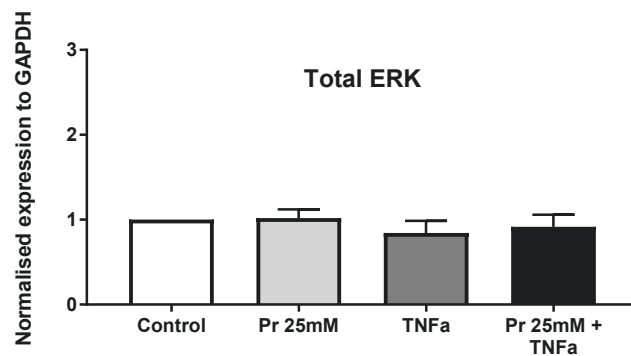
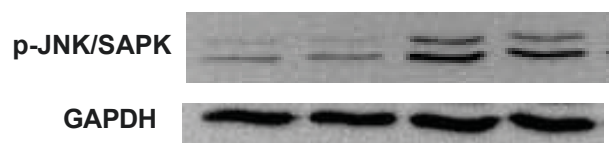
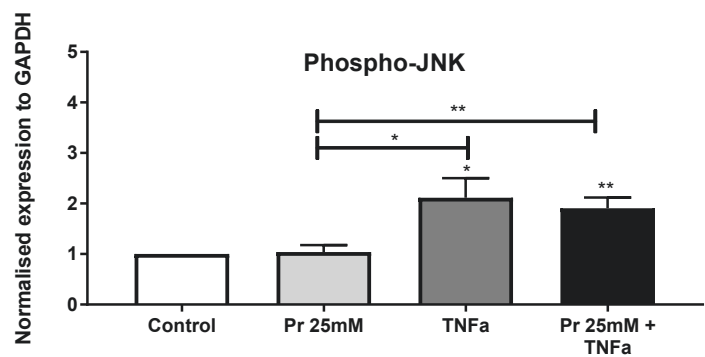
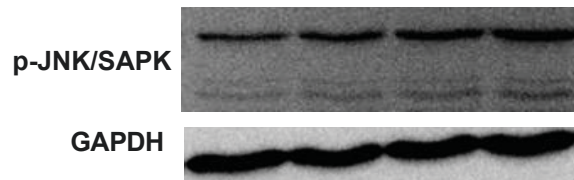
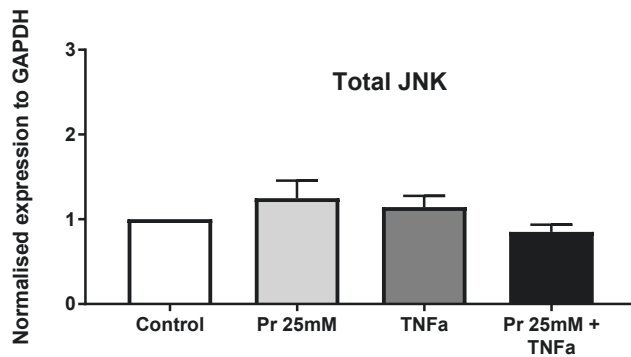


**A****B****C****D**

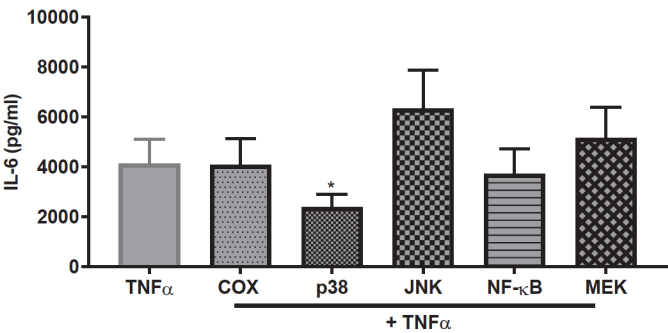




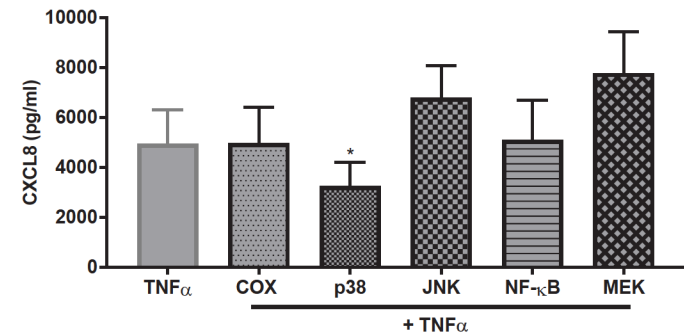


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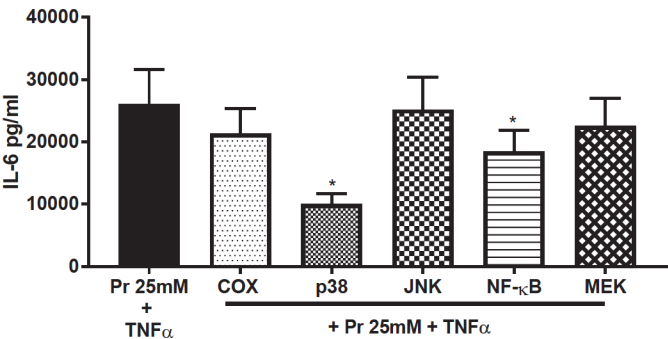
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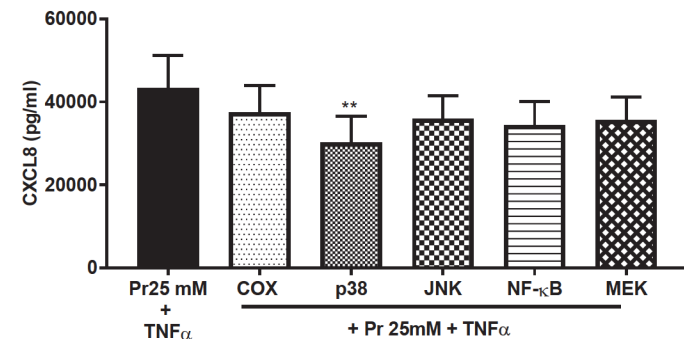
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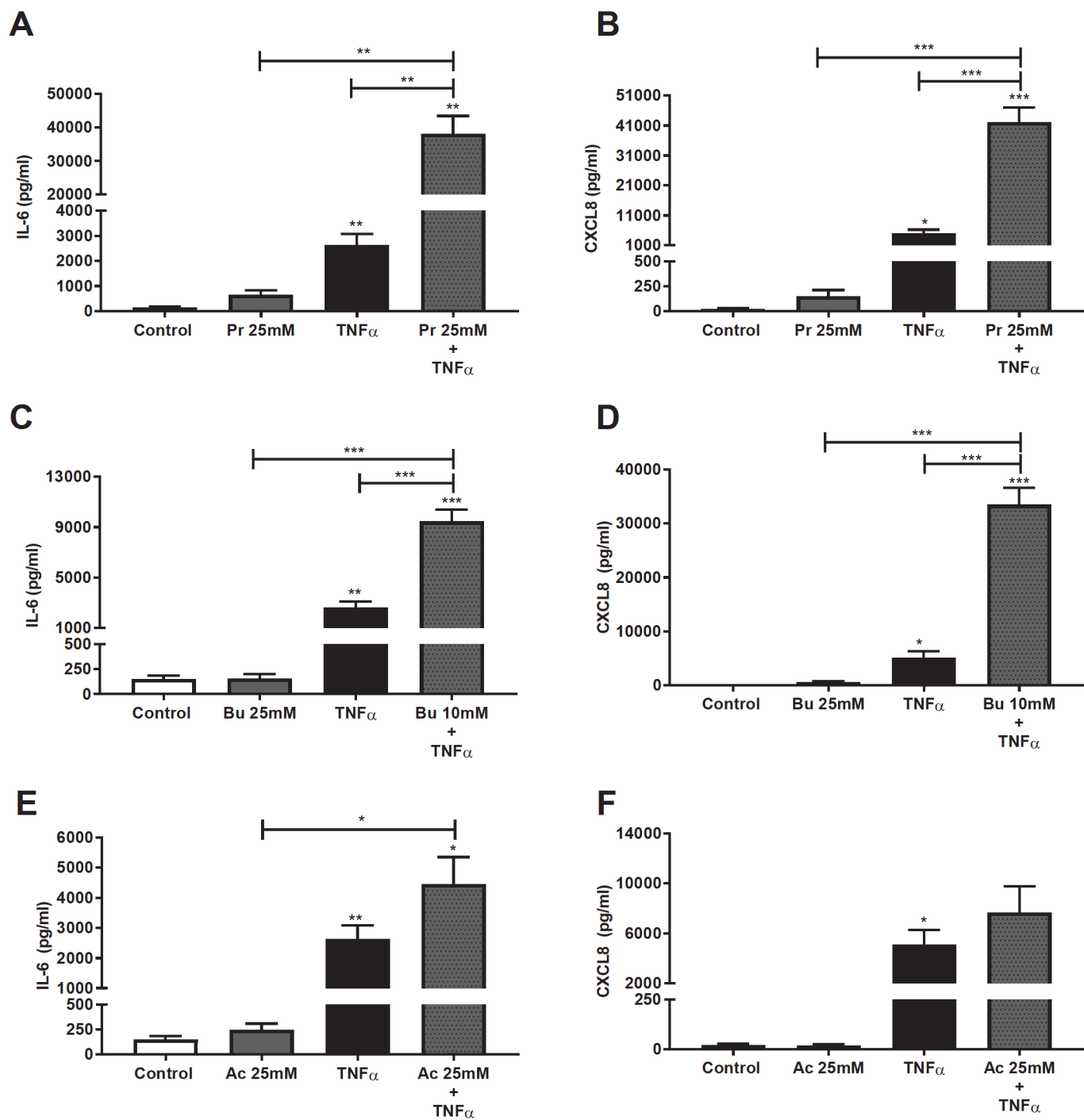


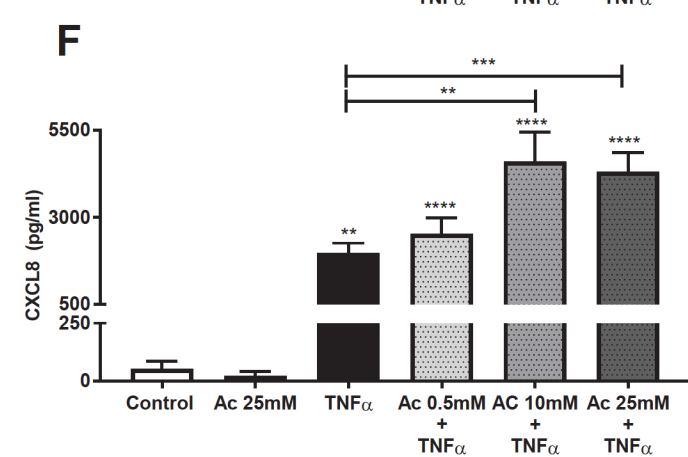
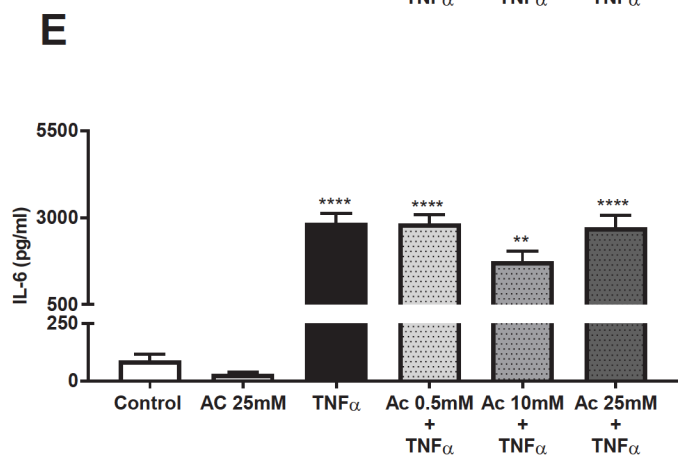
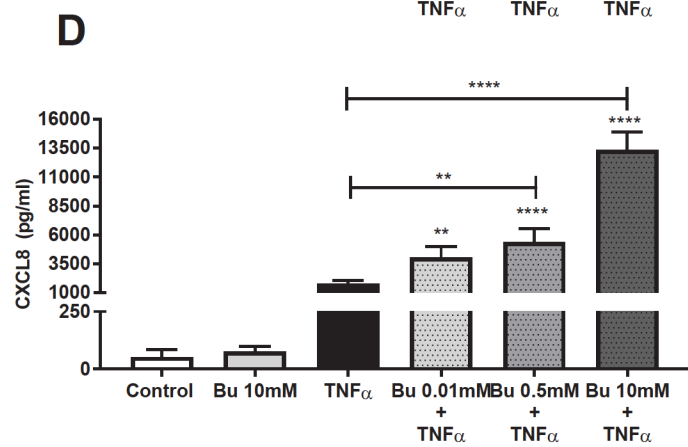
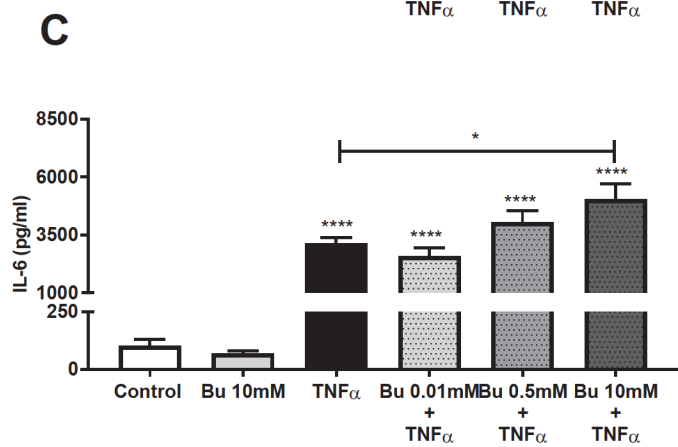
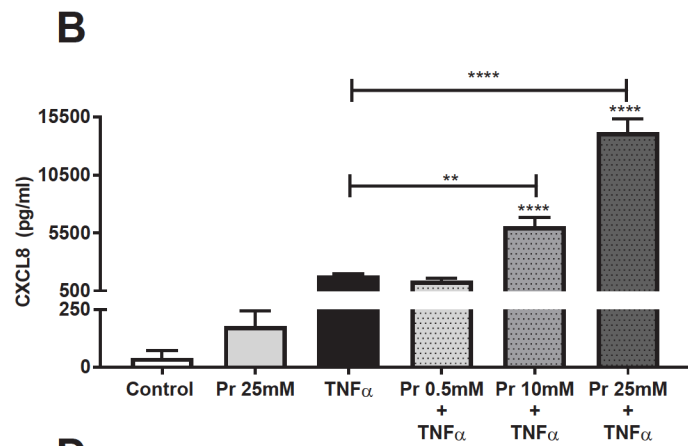
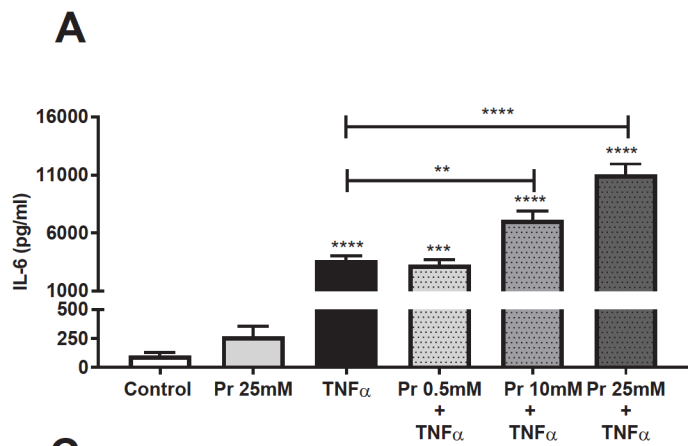
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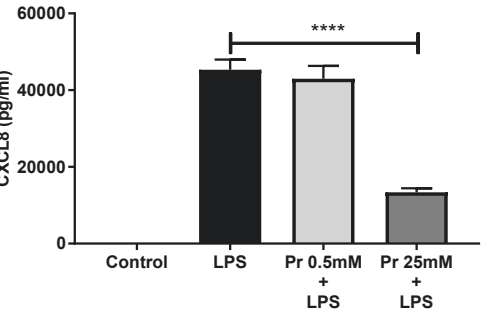
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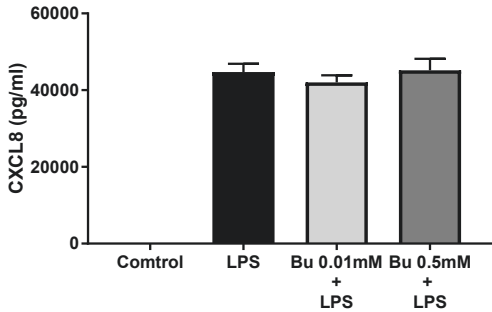




**A**



**B**



**C**

